

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian

Coaches: Taveirne Bea HEADCOACH

Coaches: Valcke Rik

Coaches: Vercooren cheyenne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:8, starttime: 14:45
Heat: 8/10 Lane : 2 Athlete: ANTIERENS LOUISE					Q-time: 01:27:56
PB (25m pool): 01:27.56 Zwevegem 31/05/2026					PB (50m pool): 01:28.23 SB: 01:27.81 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.56		01:27.56	
	00:41.56		00:46.00		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:9, starttime: 14:47
Heat: 9/10 Lane : 6 Athlete: CANNIERE ERIN					Q-time: 01:24:60
PB (25m pool): 01:24.60 Brugge 04/10/2026					PB (50m pool): 01:26.55 SB: 01:24.60 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.00		01:24.60	
	00:39.00		00:45.60		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:9, starttime: 14:47
Heat: 9/10 Lane : 8 Athlete: RYCKEMAN ELLA					Q-time: 01:25:53
PB (25m pool): 01:25.53 Diksmuide 28/12/2025					PB (50m pool): 01:28.45 SB: 01:26.43 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.07		01:25.53	
	00:41.07		00:44.46		
					

Coach feedback:

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Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:1, starttime: 14:51
Heat: 1/10 Lane : 2 Athlete: FERKET AIDAN					Q-time: 01:44:83
PB (25m pool): 01:44.83 Brugge 04/10/2026					PB (50m pool): 01:51.19 SB: 01:44.83 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.34		01:44.83	
	00:50.34		00:54.49		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:4, starttime: 14:58
Heat: 4/10 Lane : 6 Athlete: STAELENS TYLER					Q-time: 01:35:94
PB (25m pool): 01:35.94 Brugge 04/10/2026					PB (50m pool): 01:43.31 SB: 01:35.94 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.58		01:35.94	
	00:44.58		00:51.36		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:4, starttime: 14:58
Heat: 4/10 Lane : 7 Athlete: LAFORCE LANDER					Q-time: 01:36:01
PB (25m pool): 01:36.01 Brugge 04/10/2026					PB (50m pool): 01:39.95 SB: 01:36.01 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.53		01:36.01	
	00:44.53		00:51.48		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:10, starttime: 15:10
Heat: 10/10 Lane : 7 Athlete: DAUWE LARS					Q-time: 01:22:35
PB (25m pool): 01:22.35 Brugge 04/10/2026					PB (50m pool): 01:25.51 SB: 01:22.35 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.82		01:22.35	
	00:38.82		00:43.53		
					

Coach feedback:

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Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:2, starttime: 15:33	
Heat: 2/5 Lane : 5 Athlete: DEVUYST OONA							Q-time: 02:23:06	
PB (25m pool): 02:24.83 Meulebeke 06/04/2025				PB (50m pool): 02:23.06 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.22		01:12.40		no time		02:24.83
	00:34.22		00:38.18					
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:5, starttime: 15:56	
Heat: 5/6 Lane : 1 Athlete: VANDEVIJVERE LARS							Q-time: 02:14:90	
PB (25m pool): 02:14.90 Brugge 04/10/2026				PB (50m pool): 02:27.01 SB: 02:14.90 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.07		01:06.68		01:42.98		02:14.90
	00:32.07		00:34.61		00:36.30		00:31.92	
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12							Heat:2, starttime: 16:05	
Heat: 2/10 Lane : 4 Athlete: ANTIERENS LOUISE							Q-time: 01:24:41	
PB (25m pool): 01:24.45 Brugge 04/10/2026				PB (50m pool): 01:24.41 SB: 01:24.45 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:41.96		01:24.45				
	00:41.96		00:42.49					
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12							Heat:9, starttime: 16:21	
Heat: 9/10 Lane : 3 Athlete: CANNIERE ERIN							Q-time: 01:15:84	
PB (25m pool): 01:15.84 Brugge 04/10/2026				PB (50m pool): 01:21.05SB: 01:15.84 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:36.76		01:15.84				
	00:36.76		00:39.08					
								

Coach feedback:

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Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:10, starttime: 16:23
Heat: 10/10 Lane : 6 Athlete: RYCKEMAN ELLA					Q-time: 01:11:93
PB (25m pool): 01:11.93 Zwevegem 31/05/2026					PB (50m pool): 01:14.19 SB: 01:13.63 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.13		01:11.93	
	00:35.13		00:36.80		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:6, starttime: 16:38
Heat: 6/10 Lane : 3 Athlete: FERKET AIDAN					Q-time: 01:19:91
PB (25m pool): 01:19.91 Zwevegem 31/05/2026					PB (50m pool): 01:21.75 SB: 01:20.42 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.49		01:19.91	
	00:39.49		00:40.42		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:8, starttime: 16:42
Heat: 8/10 Lane : 4 Athlete: LAFORCE LANDER					Q-time: 01:15:77
PB (25m pool): 01:15.77 Brugge 04/10/2026					PB (50m pool): 01:20.54 SB: 01:15.77 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.39		01:15.77	
	00:36.39		00:39.38		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:10, starttime: 16:47
Heat: 10/10 Lane : 1 Athlete: STAELENS TYLER					Q-time: 01:12:00
PB (25m pool): 01:12.00 Brugge 04/10/2026					PB (50m pool): 01:14.41 SB: 01:12.00 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.06		01:12.00	
	00:35.06		00:36.94		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: ROSC

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:10, starttime: 16:47
Heat: 10/10 Lane : 5 Athlete: DAUWE LARS					Q-time: 01:10:67
PB (25m pool): 01:10.67 Brugge 04/10/2026					PB (50m pool): 01:13.02 SB: 01:10.67 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.55		01:10.67	
	00:34.55		00:36.12		
					

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:4, starttime: 17:00	
Heat: 4/4 Lane : 1 Athlete: CLAEYS DITTE							Q-time: 02:23:52	
PB (25m pool): 02:23.52 Brugge 04/10/2026				PB (50m pool): 02:38.05 SB: 02:23.52 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.89		01:09.70		01:46.55		02:23.52
	00:33.89		00:35.81		00:36.85		00:36.97	
								

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:4, starttime: 17:00	
Heat: 4/4 Lane : 2 Athlete: DEPAEPE ELIZE							Q-time: 02:22:85	
PB (25m pool): 02:22.85 Temse 17/11/2025				PB (50m pool): 02:30.04SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.81		01:08.55		01:45.58		02:22.85
	00:32.81		00:35.74		00:37.03		00:37.27	
								

Coach feedback:

Event number: 50: 50M BUTTERFLY MEN 13-14					Heat:2, starttime: 17:23
Heat: 2/3 Lane : 5 Athlete: DEVOS MATHIS					Q-time: 00:30:37
PB (25m pool): 00:30.37 Brugge 04/10/2026					PB (50m pool): 00:31.20 SB: 00:30.37 Brugge 04/10/2026
	2 5 M	5 0 M			
PB		00:30.37			
	00:30.37				
					

Coach feedback: